

April 24, 2015



HPAC News

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Good morning! Here is this week's news ...

Mark your calendars: Please remember that next Wednesday, April 29 is early dismissal (2:00pm) for staff collaboration and that Monday, May 4 is a district professional development day.

If you would like to include any information in the weekly HPAC News, please forward your submission to kirstiepirie@yahoo.com by Wednesday afternoon.

Highlands PAC Executive Recruitment Update

AGM/Executive Elections: Tuesday, May 12 7:00 pm

THANK YOU to all of the parents who have already volunteered to take on the following HPAC Executive positions in advance of the May 12 AGM/Elections:

- one Co-Chair
- Treasurer
- Communications Coordinator
- Safety Coordinator

(Current Executive volunteers will be staying on for the Secretary, Member-At-Large and DPAC Representative positions.)

Word on the street is that many people are not keen to step up to take on an HPAC Executive position fearing the time and energy required. Please do not be intimidated.

The truth is that for most of these positions, the job is what you make it and are interested in and have the time and skills for. The past few years, HPAC has been very busy with a host of events and fundraisers, however, maybe you'd like to see less events. Many parents work full time and do not have much extra time. No problem. It's a volunteer position.

We just need a few more people to step up for the Co-Chair ([President](#) and [Vice President](#) job descriptions) and Fundraising Coordinator(s)

([Fundraising Coordinator](#) job description) positions.

The Highlands Parent Advisory Council is made up of all parents of children who attend Highlands Elementary School. And the Executive are elected each year to represent all parents and to take on a leadership role at the school.

The HPAC elections will take place at the AGM on Tuesday, May 12. That's just over two weeks from today to find volunteers to fill these roles.

As highlighted previously, if you want a rewarding position that helps make our community a better place and keeps a very large amount of hard earned money in the HPAC coffers to benefit our kids, please come talk to us. The school and our kids need you.

If you are interested or have any questions about any of these roles, please contact Dana at danacave@gmail.com or Brandy at brandyhughes@gmail.com.

Talent Show

Tuesday, May 5 7:00 pm

Tickets Now on Sale

Talent Show auditions are complete and we are super excited about all the amazing student talent that will be showcased this year!

Talent Show tickets are **NOW ON SALE**.

Order forms should have made their way home with students earlier this week, or you can find it [here](#). There are a limited number of tickets available so be sure to buy them early! \$5 for adults and \$3 for students. The Concession Stand serving wine, beer, water and soft drinks will be open. :)

Walk and Wheels - Two Weeks Left

Thursdays: April 2 - May 7

The 4th Walk and Wheels was held yesterday. Even with the rain, many students and families chose to leave the car at home and walk, bike or scooter to school.

The Golden Sneaker was awarded to Division 5 (Dimmock) for a second time and Division 11 (Reeves/Svenhard) for a third time yesterday. Congratulations!

Spring Plant Sale

Order deadline: Next Wednesday, April 29

Plant pick up: Saturday, May 9 12:00 - 4:00 pm*

Premium hanging flower and strawberry baskets, mixed patio planters, and assorted herb and tomato packs... order forms were sent home in backpacks earlier this week.

These plants are a great way to brighten up your patio, kick start your garden, or give a

"thank you" to mom or someone special. These products are beautiful and the quality is outstanding. Order now and receive yours just in time for Mother's Day (May 10)!

Orders can be made using the [attached order form](#) or online here: <http://highlandselementary.plants4nonprofit.com>

**Can't pick up on May 9? No problem! Please contact Brandy (brandyhughes@gmail.com) for other arrangements.*

Highlands 3rd Annual Spring Fair

Saturday, May 9th

12:00 - 4:00 pm

Basket Contributions Due TODAY

Don't miss out on Highlands Spring Fair! Check out the HPAC home page that now features the Spring Fair.

This community event is fun for all ages so invite your family and friends! The excitement includes 15 Carnival Games, 2 Bouncy Castles, Velcro and Climbing Walls, Ponies, Dunk Tank, a Selfie-Booth, Entrepreneur Fair, BBQ + Concession... plus much much more!

Basket Raffles Themes(contribution deadline is TODAY):

Div 1 Movies and Music

Div 2 Spa Slumber Party

Div 3 Gardening Fun

Div 4 Outdoor Enthusiast

Div 5 Beach Picnic

Div 6 Family Game Night

Div 7 Sunday Brunch

Div 8 Craft Beer

Div 9 Wine Lovers

Div 10 Italian Kitchen

Div 11 Building Toys

Div 12 Outdoor Fun

Div 13 Crafty Kids

Div 14 Kids in the Kitchen

Div 15 Weekend BBQ

Div 16 Asian Cuisine

Div 17 Barbies and Dolls

Grade 7's – Italian Kitchen (x2)

Tickets

Pre-ticket sales have begun. Watch backpacks for a pink flyer being sent home earlier this week. Here are some examples of what tickets can buy you...

One ticket:

- Most carnival games (two tries)
- Bubbles/Tattoos/Jelly Bean Count

- Basket Raffle Tickets

Two tickets:

- Balloons/Face-Painting
- Facepainting
- Skee-ball

Three tickets:

- Dunk Tank

Four tickets:

- Selfie Booth/Velcro Wall

Five tickets:

- Edge Climbing Wall

BBQ & Concession:

One ticket:

- Popcorn
- Water/Juice
- Chips

Four tickets:

- Burgers (Regular and Veggie)

Volunteers Needed

Parents or kids interested in volunteering for a fun and easy one-hour shift at the fair should email danacave@gmail.com. Thanks in advance for your support of Highlands Elementary!

Sponsorship Opportunities

Businesses looking to contribute to the event should email marnie@premont.com. Recognition will be prominent at the fair and on the HPAC website.

Any contribution is greatly appreciated, however, we are looking for sponsorship of the following specific events:

- \$100 for the Kiddie High Striker
- \$250 for each Bouncy Castle (we will have 2 on site)
- \$350 for the Selfie Booth
- \$500 for the Edge Climbing Wall (running 1-3)

Entrepreneur Fair

There is already great excitement brewing with regards to the Entrepreneur Fair at the Spring Fair! Application forms were handed out last week and additional copies are on the HPAC board. Interested students need to submit their application form into the HPAC box by May 1 (one week today!).

Any questions please contact Dana Cave at danacave@gmail.com. A copy of the information sheet/application is attached here.

Mark Your Calendars: Highlands Bike Week

Tuesday, May 19 - Friday, May 22

Student Waivers Due: Tuesday, April 28

Encourage your children to bike to school during Highlands Bike Week! Students who ride will be entered to win **daily prizes** plus each time they ride they will get an entry for the grand prize (a new bike!).

The grand prize draw will take place during the Friday wrap up assembly.

(Please note: In order for kids to participate the WAIVERS MUST BE SIGNED. Please return waivers by **Tuesday, April 28th.**)

The classroom schedule for Bike Week is below:

Tuesday, May 19: Mrs. Mitchell's grade 4 class & grades 5/6

Wednesday, May 20: Grades 2, 3 and Mrs. Sherlock's Grade 4 class.

Thursday, May 21: Grade 7 Offsite Ride
Kindergarten and Grade 1 Bike Rodeo

Friday, May 22: Assembly (in the morning TBD)

In the Community...

BeTheChange@North Shore - Pre-Teen Conference

(For youth in grades 6 and 7)

Saturday, April 25 10:00 am - 3:30 pm

[Information Poster](#)

www.connectforkids.ca

Save the Date - Cheakamus Centre (Outdoor School) Open House

Sunday, May 3

Open House provides a great opportunity for parents to see first-hand what Cheakamus Centre is all about - and also have a fun, family day in nature. For further information, please see the poster on the NVPAC blog.

Unwrapping Bubble Wrapped Kids: The Power of PLAY

Monday, May 4 7:00 pm (\$5)

Centennial Theatre

Learn more about the importance of play, especially risky play, to children's growth and development. Parents and anyone concerned about the need for quality play for children and youth will find this event interesting and informative. After the keynote presentation

a panel will discuss 'risky play' and potential steps to enhance play opportunities for all children. A question and answer session will wrap up the evening.

Registration is required:

<https://econnect.northvanrec.com/ereg/Activities/ActivitiesDetails.asp?aid=3892>

Behaviour Management That Really Works - A Parent Education Program

Held Tuesdays in May: May 4, 11, 18 & 25

7:00 - 9:00 pm

Presented by Lawrence Sheppard / Hosted by FEE

\$120.00 per person / \$240.00 per couple

RSVP: Call Elsie 604 985 6958 (www.highlandskidsclub.ca)

This course is a great tool for parents and staff of elementary school aged children having behavioral issues and challenges. Our goal is to deepen your connection with your child, as well as preparing him or her to be a responsible, well-functioning individual.

Why does discipline and caring make a difference?

Effective behavior management involves two equally important factors, discipline and caring. The ideas and techniques presented in this parent workshop embody both factors, as it is not possible to have one without the other.

What are the many different behavioral challenges a parent can face?

Parents are often confronted with a variety of behavioral situations that require them to intervene in some fashion. Some of these behaviors may be relatively minor. (e.g. interrupting, whining, disruptive, etc.). While others may be much more serious. (e.g. non-compliance, temper tantrums, aggression, etc.)

All of these challenging behaviors can be addressed through systematic use of effective behavioral strategies necessary to stop negative and undesired behaviors, and to help develop and promote positive behaviors.