

April 3, 2015



## HPAC News

Highlands students and their families filled the gym for last Friday's Family Movie Night. Approximately 140 people attended and helped raise over \$700! **Thank you** to the students and families who stayed at the end to help clean up the gym ... many hands make light work!

Best wishes for a happy Easter weekend!

Here's the news...

*If you would like to include any information in the weekly HPAC News, please forward your submission to [kirstiepirie@yahoo.com](mailto:kirstiepirie@yahoo.com) by Wednesday afternoon.*

### This issue:

- Family Movie Night
- April 7 HPAC Meeting
- HPAC Executive Volunteers
- Walk & Wheels
- Card Project
- Safe Routes to School Council Presentation
- Natural Playground
- HPAC Parent Education Seminar
- Spring Fair
- Spring Plant Sale
- In the Community

### Next HPAC Meeting

**Tuesday, April 7** (first day back after Easter weekend!)

**7:00 - 8:30 pm**

**Highlands Library**

There are only two HPAC meetings left for this school year. And it's a packed agenda for next week's HPAC meeting with two feature presentations.

The draft agenda is provided below for your advance information and is also listed on the [HPAC website](#). Please plan to attend!

### Draft April 7th HPAC Meeting Agenda:

1. Welcome and Executive Introductions
2. Approval of February 3, 2015 HPAC meeting minutes

3. Capilano Water Main Project: Steve Billington, Metro Vancouver Community Liaison Officer ([Capilano Water Main Project FACT SHEET](#))
4. Cheakamus Centre (formerly 'Outdoor School'): Conor McMullen, SD44 Director of Educational Programs
5. Administration Greeting and Updates (Todd Henderson and Blair Martin)
6. Recent Event Re-Cap
7. Budget
  - a) Update
  - b) Vote:
    - o ePACT (electronic management of emergency forms): \$1000
    - o WOW ('Walk or Wheel'): \$400
8. Succession Planning for 2015/2016 Executive
9. Upcoming Events
  - Parent Seminar: *What is Your Relationships Were Better?* April 22 7pm
  - Talent Show: May 5
  - Spring Fair: May 9
10. Natural Playground Update
11. Open Discussion
12. Next PAC Meeting: May 12, 2015

## Highlands PAC Need You!

Did you know that without an Executive team, the HPAC is not legally permitted to maintain a bank account?

All funds in the HPAC account (currently over \$40,000 in contingency funds) would be donated to charity and this means Highlands will no longer have: Welcome Back BBQ, Ecofest, Parent Social, Bingo Night, Christmas Market, Card Project, Talent Show, Friday Food Day program, Gingerbread Event, Book Fair, team uniforms, Spring Fair, Bike Week, Movie Night, Fun Day snack, Edible Garden Project and associated gardening supplies, library funding (over \$10,000 in the last two years), musical instruments (HPAC funded 10 new guitars this year), new natural playground project, technology replacements and upgrades (such as iPads and SmartBoards), Saleema Noon presentation (sexual health educator), additional performing arts funding (\$3500 this school year), SafeTeen Program (violence prevention), author visits, critical upgrades to our emergency storage container supplies, road safety supplies, HPAC newsletter, school directory, and MUCH MORE!

Not only will students miss out on some amazing events that help form our school community, but Highlands will lose some much-needed funding.

We are still looking to fill the following positions:

- President (or co-chair)
- Vice President (or co-chair)
- Fundraising Coordinator(s)
- Communications Coordinator
- Safety Coordinator

If you are interested or have any questions about any of these roles, please contact Dana at [danacave@gmail.com](mailto:danacave@gmail.com) or Brandy at [brandyhughes@gmail.com](mailto:brandyhughes@gmail.com).

You can also bring your questions to the April 7th HPAC Meeting.

## Card Project - Additional Order Opportunity

**Deadline: TODAY - Friday, April 3**

Delivery: week of April 21

These well made products make fabulous gifts (Mothers' and Fathers' Day are coming up!) Available products include digital prints, art prints, journals, notebooks, and of course cards.

You can order through the link below. Orders placed under the extended deadline will be delivered the week of April 21st.

<http://www.thecardproject.ca/query.php>

## Safe Routes to School - Council Meeting Update

Thank you to the parents and children who attended the District of North Vancouver council meeting on March 23 in support of the SRA's request for Active & Safe Routes be added to the upcoming budget.

[CLICK HERE](#) to watch the clip. Watch the first four speakers totaling 12 minutes. We will continue to work for the safety for all residents.

## Walk and Wheels has begun!

Thursdays: April 2 - May 7

Teacher	Date	2	9	16	23	30	7	14
1 Martin/Hollingswo	69-							
2 Ham	67							
3 Wright	55							
4 Baker	62							
5 Dimmock	75							
6 Fary	46							
7 Sherlock	59							
8 Mitchell/Parker	62							
9 Windbank/Marrle	61							
10 Anzovino/Jansons	59							
11 Reeves/Svenhard	92							
12 Patterson	65							
13 Sawchuck	71							
14 Holiday	50							
15 Knight/Lau	42							
16 Kirtle	11							
17 MacArthur	39							
18 Whole School								

Walk and Wheels began yesterday and kicked off the first of six Thursdays of students and parents choosing to leave the car at home and walk, bike or scooter to school.

*Congratulations to Divisions 5 (Dimmock) and 11 (Reeves/Svenhard) for being awarded the Golden Sneaker yesterday!*

Those who live a little too far away can park a few blocks from the school and join the fun anyway. Exercise, fresh air, community spirit and concern for the environment are a few of the many reasons we love to Walk and Wheel to school.

Tokens are handed out to Walk and Wheels participants at the front of the school. Students then place the tokens in the division boxes for counting. And if that isn't enough incentive, the famous **Golden Sneaker Trophies** are awarded to both the Primary and Intermediate classes with the most participation each week!

But let's not stop at Thursdays...make every day a Walk and Wheel day!

Click on this link to learn more about the benefits of walking your children to school:  
<http://ow.ly/K05C7>

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## **The Highlands Natural Playground Project Needs Maintenance Volunteers**

Great news! We had a successful meeting with two folks from the School District last week. They were impressed with our natural playground design and feel like we have a good shot of getting this project approved. We are putting our proposal together, but now we need your help...

The School District requires that we include a list of Highlands volunteers committed to helping to maintain this new natural playground area. The District will not maintain this for us and said if we build it and it isn't maintained properly then they have the right to remove it in the future. So we need to provide them with a maintenance plan and volunteer list with our proposal.

Maintenance would probably consist of 2 or 3 "weed-a-thon/clean ups" days per year (Fall/Spring/Summer). The more people we have on our list, the easier and quicker the work will be. The natural playground will not be a huge area to maintain so if we have a crew of 20+ people to call on and do it as a group effort then it's easy peasy.

The hope is that you (and/or your spouse and even kids) can commit to helping with the yearly maintenance while you are at Highlands.

**So... the big question... Can we add your name to my list of playground maintenance volunteers?**

If so, please email [tracey@gloriousday.com](mailto:tracey@gloriousday.com) with:

- Your full name
- Your spouse's name (if they also want to volunteer)
- Contact email (will not be shared with the School District)
- The current grades of your child (children) at Highlands (this gives the District an idea of how long you may be at the school)

Thank you for your support with this!

- Highlands Natural Playground Committee

P.S. We will be bringing the playground designs to show at the end of the **next HPAC meeting on April 7th**. Come and have a sneak peek!

## **What If Your Relationships Were Better?**

HPAC Parent Education Seminar  
Wednesday, April 22 7:00 - 8:30pm  
Highlands Library

Jacquie Stebbings is a parent with daughters at Ross Road (grades 1 and 3) and a grade 5 son at Kenneth Gordon. She is a Certified Personal Life Coach committed to helping people make lasting changes in their communications and in their relationships. Jacquie began her coaching career in 2003 while also operating a brain injury rehabilitation company she established in 1996.

Originally Jacquie used her coaching skills to help her staff & her clients create better work/life balance — today she wants to help people discover what it takes to positively transform their relationships. Always interested in people and how they relate, Jacquie continues to enhance her ability to support others through her on-going study into what is at the heart of relationships that work.

Please register on Eventbrite with the following link:  
<https://eventbrite.com/event/16321317500/> by April 21.

Seminar is by donation. All monies collected at the door will be used towards new library books.

Tickets are limited due to room capacity so please RSVP quick to avoid disappointment!

## **Highlands 3rd Annual Spring Fair Saturday, May 9th 12:00 - 4:00 pm**

Highlands Annual Spring Fair is right around the corner. Carnival Games, Bouncy Castles, Velcro and Climbing Walls, Basket Raffles, Ponies, Dunk Tank, Photo Booths, BBQ + Concession... plus much more! Open to the entire community. Come out for a great afternoon of fun!

Students who want to participate in the **Entrepreneur** portion of the fair should start getting organized now. More details coming soon.

Interested in **volunteering** for a fun and easy one-hour shift at the fair??... Please email [danacave@gmail.com](mailto:danacave@gmail.com).

## **Spring Plant Sale is Back!**

Those who have ordered in the past know that these products are beautiful and the quality is outstanding. Order now and receive yours just in time for Mother's Day (May

10)! A great way to brighten up your patio, kick start your garden, or give a "thank you" to mom or someone special.

Order here: <http://highlandselementary.plants4nonprofit.com>

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## **In the Community...**

### **Daffodil Days Volunteer Spots Available**

April is Daffodil Month. Volunteers are needed to help the Canadian Cancer Society sell daffodils and pins at Capilano Mall, Lonsdale Quay and Park Royal.

Volunteer Days: April 3/4/5/11/12

To sign up or for more information, please call or pop by to see Elsie at Highlands Kidsclub 604 985 6958.

### **Foods That Fit**

Wednesday, April 15 5:00 - 8:30 pm

Free, interactive workshop presented by the Vancouver Coastal Health in cooperation with North Vancouver Parent Advisory Committee.

[Information Poster](#)

### **BeTheChange@North Shore - Pre-Teen Conference**

(For youth in grades 6 and 7)

Saturday, April 25 10:00 am - 3:30 pm

[Information Poster](#)

[www.connectforkids.ca](http://www.connectforkids.ca)

### **Save the Date - Cheakamus Centre (Outdoor School) Open House**

Sunday, May 3

Open House provides a great opportunity for parents to see first-hand what Cheakamus Centre is all about - and also have a fun, family day in nature. For further information, please see the poster on the NVPAC [blog](#).

### **44 Dresses**

Organized by Sofia Bella in Edgemont Village, 44 Dresses is dedicated to empowering and celebrating grade 7 girls from North Vancouver by providing gently used dresses for their school farewell ceremonies. Click [here](#) for more information.

If you would like to donate a dress or to volunteer, please contact Elena at [44dresses@gmail.com](mailto:44dresses@gmail.com).