

March 6, 2015



HPAC News

Best wishes for a great spring break!

If you would like to include any information in the weekly HPAC News, please forward your submission to kirstiepirie@yahoo.com by Wednesday afternoon.

This issue:

- Card Project Orders
- Friday Food Day Orders
- Purdys Chocolates
- Parent Education Session: Discipline
- HPAC Upcoming Events
- Highlands Kids Club Spring Break
- In the Community

The Card Project - Only a few days left to order!

Order deadline: Sunday, March 8

(Orders delivered before Easter)



The children have submitted some amazing art (sample images above) for this exciting fundraiser. Check out the display by the gymnasium!

The front of the card showcases each child's own art with their name and grade printed on the back.

You can order cards and notebooks online at www.TheCardProject.ca

This is a wonderful, creative fundraising opportunity for our school. We receive **25%** of all sales. Remember, the cards and notebooks make great gifts!

If you have questions please visit www.TheCardProject.ca for more information or contact the school's project managers:

Kelly Moore (kelly5495@gmail.com)

Meghan Menning (meghan@menning.name)
OR Marcelle from The Card Project at Marcelle@TheCardProject.ca.

Friday Food Day Ordering

Orders due: Friday, March 13 midnight (One week today!)

It's time to place your child's order for Friday Food Days for the last session of the year (April - June).

How to Order

1. Go to the [Friday Food Days](#) tab of the HPAC website. If you have registered for Food Days previously, select *Login Here* and start creating your order. There is a *Forgot Password?* option for those needing a little reminder.
2. If this is your first time ordering, select *Register Here* and create an account for your family. After creating your account, you can return anytime by clicking *Login Here*.
3. Go to the *Ordering Lunch tab* and select the first child for whom you would like to place an order.
4. Follow the instructions on placing your child's order on each of the four lunch days. Your order is not complete until you select *Submit my Order*.
5. Once you have ordered for all of your children, select *Done* and you will be taken to the *My Account Balance* screen. Select *Pay Now* to process your payment via Paypal.

Some Things to Remember

- All orders must be received by Friday, March 13 at midnight.
- Payment will only be received via Paypal.
- There are **no refunds or changes** after Friday, March 13th. If you are away during a Food Day, please consider your payment a donation to the HPAC.

Purdys Easter/Grade 7 Fundraiser

Online orders due: Friday, March 13 (One week today!)

Pick up: Week of March 23

Order your Easter chocolate and **25%** of the profits goes to the grade 7s for their year-end activities, yearbook, school gift and a charitable donation.

Online ordering:

1. Go to www.purdysgpp.com
2. Click "Register" or "Login"
3. Join our group by typing in: 11523
4. **Remember to include your child's class, division and your email address!**

5. Invite your friends and family to join our group and Shop Online!

For questions, please contact Jennifer Williams: jenniferwilliams@telus.net or 604-990-7793.

Thank you for your support!

SRA Presentation to District of North Vancouver

Monday, March 23 7:00 - 7:45 pm
DNV Municipal Hall, 355 West Queens

The SRA (Safe Routes Advocates) will be presenting to council on March the 23d. They need your support in the council chambers, as they ask for a dedicated safe routes position within the DNV. This affects our children, our elderly, and all in between.

Come show your support, and bring the kids (they might need a good book) 7-7:45pm at the DNV municipal hall. **Mark your calendar: the more support there is, the more likely it is that change will happen.** Thank you in advance!

Natural Playground Update

The Highlands Natural Playground Committee is set to meet with the School District on Monday, March 23rd to review our tentative design ideas. Once we confirm that we are heading in the right direction, we will be sharing our designs with the entire school before finalizing any details and submitting the proposal.

We welcome input and suggestions from teachers, administration, parents and students interested to being involved with this exciting project! If you would like to join our committee and have a sneak peek at the progress, please contact Tracey Lebedovich - tracey@gloriousday.com.

NVPAC Parent Education: The Problem with Discipline

Wednesday, March 25 7:00 pm
Argyle Secondary Small Gym, 1131 Frederick Road

NVPAC is pleased to announce a **free** parent education event: Christopher Burt, a Parenting and Family Development specialist, will present "The Problem with Discipline", a discussion on how parents can effectively influence their children's behaviour through the school years.

Mr Burt's remarks will be of interest to parents of children and youth in grades K to 12. For further information, please see the [attached poster](#).

Seating is limited please RSVP at: <https://www.eventbrite.ca/e/the-problem-with-discipline-tickets-15748049841>.

Save the Date: Upcoming HPAC Events

Highlands Family Movie Night: Big Hero 6

Friday, March 27 6:30 pm

Join us for this family event! Wear your pyjamas, bring a blanket, and catch a movie with your friends. Order here: <http://www.hpac.wildapricot.org/event-1873738?CalendarViewType=1&SelectedDate=3/25/2015>

Highlands Talent Show

Save the Date: Tuesday, May 5

Highlands 3rd Annual Spring Fair

Saturday, May 9th 12:00 - 4:00 pm

There will be a **student entrepreneur fair** at the Spring Fair - watch for more details after spring break.

Interested in **volunteering** for a fun and easy one-hour shift at the fair??... Please email danacave@gmail.com.

Highlands Kids Club - Spring Break Care

www.highlandskidsclub.ca

Highlands Kids Club is hosting a full program for spring break. They are open 7am-6pm, 5 days a week.

Week One

- Monday March 9th – Art: Story Wheel
- Tuesday March 10th – Swimming (Harry Jerome)
- Wednesday March 11th – Science! (Tree Nutrients)
- Thursday March 12th – Junior & Leader Special Trips
- Friday March 13th – Super Hero Day! (Make your own costume!)

Week Two

- Monday March 16th – Art: Treasure Box Making
- Tuesday March 17th – Swimming (West Vancouver)
- Wednesday March 18th – Science! (Colour Science)
- Thursday March 19th – Movie Theatre Trip
- Friday March 20th – Make your own Pizza & PJ Day

Any questions? Please feel free to contact Elsie ...

Elsie Webb: 604.985.6958 or highlandskidsclub@shaw.ca

In the Community...

Father Daughter Productions 2.0 presents The Highlands Community Father Daughter Dance

Friday, May 8 6:30 - 9:00pm

St. Andrews & St. Stephen's Presbyterian Church's Gym.

The girls of Highlands are invited to bring their Dad, Grandfather, Uncle or significant adult male friend to a night of fun, dancing and celebration.

Details and Tickets on sale now at <https://hfdd.eventbrite.ca>.

Please note this is not an HPAC event.

44 Dresses

Organized by Sofia Bella in Edgemont Village, 44 Dresses is dedicated to empowering and celebrating grade 7 girls from North Vancouver by providing gently used dresses for their school farewell ceremonies.

Click [here](#) for more information.

If you would like to donate a dress or to volunteer, please contact Elena at 44dresses@gmail.com.

MEND: Mind, Exercise, Nutrition, Do-it!

A free, healthy lifestyle program for children 7-13yrs and their families working together to achieve healthy weights.

MEND empowers children and families to become fitter and healthier together. This FREE program includes family workshops on health topics followed by fun physical activities for the kids. While the children are busy being active, parents can share their experiences about transitioning to a healthy lifestyle.

The program runs twice a week for ten weeks for two hours each session. Post program, families receive free recreation passes to encourage sustained changes. (Note, this program is not a diet or a weight loss program.). This program is funded by Healthy Families BC and supported by BC Parks & Recreation Association and the YMCA of BC & Yukon. North Vancouver Recreation Commission is the host agency.

REGISTRATION AND MORE INFORMATION:

Tracy 604-983-6401 or wakalukT@nvrc.ca

Session #1: April 8 – June 14 (Wed 5:45-7:45pm & Sun 3-5pm) at John Braithwaite Community Centre

Session #2: October – December 2015 (Days & Times TBA), Harry Jerome Recreation Centre

Here is a link to a 4 minute video about the program:

<https://www.youtube.com/watch?v=RuthJt847q4&feature=youtu.be>