

May 1, 2015



HPAC News

Colourful balloons and buckets welcomed students and families to school yesterday morning. To mark *Pay it Forward Day* (April 30), members of student council and the Kindness Committee handed out 'pay it forward' fortunes to students as they arrived at school. What fortune did your child receive and how did they pay it forward?



Please remember that **Monday, May 4** is a district professional development day.

Have a good weekend!

If you would like to include any information in the weekly HPAC News, please forward your submission to kirstiepirie@yahoo.com by Wednesday afternoon.

This issue:

- Plant Sale Deadline Today
- Executive Recruitment Update
- Talent Show
- Walk and Wheels
- Spring Fair
- Family Photo Program
- Bike Week
- In the Community

Spring Plant Sale

Extended Order Deadline: TODAY May 1 2:00pm

*Plant pick up: Saturday, May 9 12:00 - 4:00 pm**

Premium hanging flower and strawberry baskets, mixed patio planters, and assorted herb and tomato packs... order forms were sent home in backpacks earlier this week.

These plants are a great way to brighten up your patio, kick start your garden, or give a "thank you" to mom or someone special. These products are beautiful and the quality is outstanding. Order now and receive yours just in time for Mother's Day (May 10)!

Orders can be made using the [attached order form](#) or online here: <http://highlandselementary.plants4nonprofit.com>

**Can't pick up on May 9? No problem! Please contact Brandy (brandyhughes@gmail.com) for other arrangements.*

Highlands PAC Executive Recruitment Update

AGM/Executive Elections: Tuesday, May 12 7:00 pm

Just Over One Week Left and Two Volunteers Still Needed: Co-Chair & Co-Fundraiser

THANK YOU to all of the parents who have already volunteered to take on the following HPAC Executive positions in advance of the May 12 AGM/Elections:

- one Co-Chair
- Treasurer
- Communications Coordinator
- Safety Coordinator

(Current Executive volunteers will be staying on for the Secretary, Member-At-Large and DPAC Representative positions.)

Word on the street is that many people are not keen to step up to take on an HPAC Executive position fearing the time and energy required. Please do not be intimidated.

The truth is that for most of these positions, the job is what you make it and are interested in and have the time and skills for. The past few years, HPAC has been very busy with a host of events and fundraisers, however, maybe you'd like to see less events. Many parents work full time and do not have much extra time. No problem. It's a volunteer position.

We just need a few more people to step up for the Co-Chair ([President](#) and [Vice President](#) job descriptions) and Fundraising Coordinator(s) ([Fundraising Coordinator](#) job description) positions.

The Highlands Parent Advisory Council is made up of all parents of children who attend Highlands Elementary School. And the Executive members are elected each year to represent all parents and to take on a leadership role at the school.

The HPAC elections will take place at the **AGM on Tuesday, May 12**. That's just **over one week from today** to find volunteers to fill these roles.

As highlighted previously, if you want a rewarding position that helps make our community a better place and keeps a very large amount of hard earned money in the HPAC coffers to benefit our kids, please come talk to us. The school and our kids need you.

If you are interested or have any questions about any of these roles, please contact Dana at danacave@gmail.com or Brandy at brandyhughes@gmail.com.

Talent Show - Last Chance to Buy Tickets!

Tuesday, May 5 7:00 pm

Pre-sale Tickets on Sale Until Tuesday, May 5 @ 9am

Talent Show auditions are complete and we are super excited about all the amazing student talent that will be showcased this year!

Talent Show tickets are **NOW ON SALE**.

An order form should have made its way home last week, or you can find it [here](#). There are a limited number of tickets available: \$5 for adults and \$3 for students. The Concession Stand serving wine, beer, water and soft drinks with be open. :)

Pre-sale tickets will be available until 9:00 am on Tuesday, May 5. Any ticket orders dropped off at the office after that will not be accepted and will be returned. Any tickets that are still available after that will be for sale at the door as follows: \$10/adult and \$5/student.

Walk and Wheels - One Week Left **Thursdays: April 2 - May 7**

*Yesterday, the Golden Sneaker was awarded to **Division 5 (Dimmock)** for intermediates and **Divisions 11 (Reeves/Svenhard)** and **12 (Patterson)** tied for the primary grades. Congratulations!*

Only one more Thursday left!

Highlands 3rd Annual Spring Fair

Saturday, May 9th

12:00 - 4:00 pm

Entrepreneur Fair application forms due today: May 1

Pre-ticket orders due: Wednesday, May 6

Don't miss out on Highlands Spring Fair! Check out the [HPAC home page](#) that now features the Spring Fair or find information on the Spring Fair facebook page: <https://www.facebook.com/events/888029831239969/888805147829104/>

This community event is fun for all ages so invite your family and friends! The excitement includes 15 Carnival Games, 2 Bouncy Castles, Velcro and Climbing Walls, Ponies, Dunk Tank, a Selfie-Booth, Entrepreneur Fair, BBQ + Concession... plus much, much more!

Tickets

Pre-ticket sales are now underway and are due **Wednesday, May 6**. ([Ticket Form here](#).)

Here are some examples of what tickets can buy you...

One ticket:

- Most carnival games (two tries)
- Bubbles/Tattoos/Jelly Bean Count
- Basket Raffle Tickets

Two tickets:

- Balloons/Face-Painting
- Facepainting
- Skee-ball

Three tickets:

- Dunk Tank

Four tickets:
- Selfie Booth/Velcro Wall

Five tickets:
- Edge Climbing Wall

BBQ & Concession:
One ticket:
- Popcorn
- Water/Juice
- Chips

Four tickets:
- Burgers (Regular and Veggie)

Volunteers Needed

Parents or kids interested in volunteering for a fun and easy one-hour shift at the fair should email danacave@gmail.com. Thanks in advance for your support of Highlands Elementary!

Sponsorship Opportunities

Businesses looking to contribute to the event should email marnie@premont.com. Recognition will be prominent at the fair and on the HPAC website.

Any contribution is greatly appreciated, however, we are looking for sponsorship of the following specific events:

- \$100 for the Kiddie High Striker
- \$250 for each Bouncy Castle (we will have 2 on site)
- \$350 for the Selfie Booth
- \$500 for the Edge Climbing Wall (running 1-3)

Entrepreneur Fair

There is already great excitement brewing with regards to the Entrepreneur Fair at the Spring Fair! Application forms were handed out last week and additional copies are on the HPAC board. Interested students need to submit their application form into the HPAC box by today: **May 1**.

Any questions please contact Dana Cave at danacave@gmail.com. A copy of the information sheet/application is attached [here](#).

Family Photo Program (*formerly MJM Photos*)

Important Notice for those families that participated in the Family photo program:

Please read the [attached letter](#) from Lifetouch about a price adjustment and special offer. Lifetouch Canada Inc. and Mark Martineau (of MJM Studios) thanks you for your continued patience during the merger of their two businesses.

Highlands Bike Week

Tuesday, May 19 - Friday, May 22

Encourage your children to bike to school during Highlands Bike Week! Students who ride will be entered to **win daily prizes** plus each time they ride they will get an entry

for the grand prize (a new bike!).

Waivers must be completed. Unfortunately, students can not participate in the skills session of bike week without them.

The grand prize draw will take place during the Friday wrap up assembly.

The classroom schedule for Bike Week is below:

- **Tuesday, May 19:** Mrs. Mitchell's grade 4 class & grades 5/6
- **Wednesday, May 20:** Grades 2, 3 and Mrs. Sherlock's Grade 4 class.
- **Thursday, May 21:** Grade 7 Offsite Ride
Kindergarten and Grade 1 Bike Rodeo
- **Friday, May 22:** Assembly (in the morning TBD)

In the Community...

Save the Date - Cheakamus Centre (Outdoor School) Open House

Sunday, May 3

Open House provides a great opportunity for parents to see first-hand what Cheakamus Centre is all about - and also have a fun, family day in nature. For further information, please see the poster on the NVPAC [blog](#).

Unwrapping Bubble Wrapped Kids: The Power of PLAY

Monday, May 4 7:00 pm (\$5)

Centennial Theatre

Learn more about the importance of play, especially risky play, to children's growth and development. Parents and anyone concerned about the need for quality play for children and youth will find this event interesting and informative. After the keynote presentation a panel will discuss 'risky play' and potential steps to enhance play opportunities for all children. A question and answer session will wrap up the evening.

Registration is required:

<https://econnect.northvanrec.com/ereg/Activities/ActivitiesDetails.asp?aid=3892>

Behaviour Management That Really Works - A Parent Education Program

Held Tuesdays in May: May 4, 11, 18 & 25

7:00 - 9:00 pm

Presented by Lawrence Sheppard / Hosted by FEE

\$120.00 per person / \$240.00 per couple

RSVP: Call Elsie 604 985 6958 (www.highlandskidsclub.ca)

This course is a great tool for parents and staff of elementary school aged children having behavioral issues and challenges. Our goal is to deepen your connection with your child, as well as preparing him or her to be a responsible, well-functioning individual.

Why does discipline and caring make a difference?

Effective behavior management involves two equally important factors, discipline and caring. The ideas and techniques presented in this parent workshop embody both factors, as it is not possible to have one without the other.

What are the many different behavioral challenges a parent can face?

Parents are often confronted with a variety of behavioral situations that require them to intervene in some fashion. Some of these behaviors may be relatively minor. (e.g. interrupting, whining, disruptive, etc.). While others may be much more serious. (e.g. non-compliance, temper tantrums, aggression, etc.)

All of these challenging behaviors can be addressed through systematic use of effective behavioral strategies necessary to stop negative and undesired behaviors, and to help develop and promote positive behaviors.