



# HPAC News

The long weekend is almost here - please remember that school is closed on Monday. We wish you a Happy Thanksgiving!

Hold on tight, we have another full newsletter to share with you...

*Do you have information that may be of interest to other Highlands parents? If so, you are welcome to submit it (newsletter ready) to the [HPAC Communications Coordinator](#). Submissions are due on Wednesday.*

## This issue:

- HPAC Meeting
- New Event Form
- Directory Deadline
- Welcome Back Pizza Party
- Mabel's Labels
- MJM Family Photos
- NVPAC Overview
- Community Events (lots!)

## October 7th HPAC Meeting

Thank you to everyone who took time to attend the HPAC meeting on Tuesday. We had a full house! If you were not able to attend, the Draft Minutes are available [here](#) for your information.

We would like to thank **COBS Breads** in Edgemont Village for providing food for this meeting. (When shopping at COBS, please remember to say *Highlands Elementary School* [before](#) you pay for your goodies and HPAC will receive 5%!)

The next HPAC meeting is scheduled for Tuesday, November 4 and will focus on the HPAC 2014-15 Budget. This is a particularly important one for you to attend as parents have the opportunity to vote on how HPAC funds will be spent this year.

## New Proposal Form for HPAC Sponsored Activities

Do you have an idea for a new event or activity this year? We would like to hear from you!

To assist with Proposals for events that require HPAC funds, we have a new form. If your event has a budget attached to it, the form will need to be submitted by **Monday, October 20th** so that it can be reviewed in time for the HPAC Budget meeting on November 4th. The form is available [here](#) and is now also linked to the [HPAC home page](#).

## HPAC Directory - Deadline Today

Have you selected Yes or No to be included in the HPAC Directory? If you have, THANK YOU! If not, **Today is the deadline to be included!** Your contact information will only be included if you select 'Yes'.

If you already have an online profile, it takes only a few minutes and five quick steps...

1. Log into the HPAC web site ([hpac.wildapricot.org](http://hpac.wildapricot.org))
2. Select View Profile
3. Select Edit Profile
4. Select Yes or No to the Question: Include my contact info in the School Directory?
5. Scroll down and select Save at bottom of the page.

If you have any questions or difficulties, please email [kirstiepirie@yahoo.com](mailto:kirstiepirie@yahoo.com).

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## Welcome Back Pizza Party and Cupcake Walk

Thursday, October 16, 5:30-7:30 pm  
Highlands School

**Pre-orders and payments are due today, October 10, at 3:00pm.**

You should have received an order form via your child's backpack earlier this week. If not, the form is available [here](#) and on the [HPAC home page](#).

Please bring: 1) your own blankets and 2) loonies for the Cupcake Walk.

## Mabel's Labels

Order your labels by **Wednesday, October 15** for Highlands Elementary to receive the biggest bang of your purchase bucks. That's only **6 days** left for HPAC to receive **20%** of your Mabel's Labels order. Use this link to place your order and Highlands **receives 20%** of all sales:  
[www.mabelsfundraising.com/campaigns/13895-highlands-elementary](http://www.mabelsfundraising.com/campaigns/13895-highlands-elementary)

## MJM FAMILY PHOTOS

Once again Highlands has partnered up with MJM Studios to offer Family Photos. Photo shoots will be held on the following dates:

**Tuesday, October 21 from 5pm - 9pm**

**Wednesday, October 22 from 5pm - 9pm**

**Thursday, October 23 from 5pm - 9pm**

If you haven't participated before, this is a quick and painless photo session that results in (mostly) stunning portraits. Sittings are only 10 minutes each so husbands will have no reason to complain (they will, but it will be short-lived). 100% of the \$20 sitting fee goes directly to our school. Each family has an opportunity to have several different photographs taken, and will receive one complimentary 8 X 10 portrait of their choice. Additional photos, holiday cards, etc. will be available for purchase. The photos will be delivered directly to the school for pick up before the holidays. Give people what they want for Christmas... Pictures of YOU!

\*\* For those who have worked with MJM before, please be advised that the ordering process has been simplified. Ordering can be done **online, in paper form, or by calling MJM directly**. **An MJM staff member will be specifically identified to service Highlands families** this year.

To sign up simply book your 10 minute time slot at the **MJM link**- and pay online via Paypal or Visa. BAM... done!

Thank you for your support of this wonderful school fundraiser! Please contact Marnie Premont ([marnie@premont.com](mailto:marnie@premont.com)) should you have any questions or concerns whatsoever.

# North Vancouver PAC (NVPAC) Overview

[www.northvanpac.org](http://www.northvanpac.org)

North Vancouver Parent Advisory Council - NVPAC - is the District Parent Advisory Council for the North Vancouver School District. Their members are the PACs from the schools in the North Vancouver School District and they represent the parents of North Vancouver at the District level.

**NVPAC General Meetings:** General Meetings are on the 4th Wednesday of most months throughout the school year - refer to the NVPAC website for the exact dates. All parents are welcome to attend our General Meetings, regardless of whether or not they are the District PAC Rep for their school. In addition to a business meeting, we typically have a speaker on a topic of interest to parents of school-age children and youth. The **October 22nd** meeting will include a presentation by school district personnel Joanne Robertson and Kathleen Barter on the District's Assessment Handbook, and the **November 26** meeting will feature a presentation on Outdoor School - now known as the Cheakamus Centre.

NVPAC will be hosting an All-Candidates meeting for the candidates for School Trustee during the first week of November. Watch for more information coming shortly regarding the date, location and time of this event.

## Community Events:

### **Blood Donor Clinic in North Vancouver**

Saturday, October 11 10:00am - 5:00pm  
North Lonsdale Church, 3380 Lonsdale Avenue

Canadian Blood Services has launched an official appeal to urge Canadians to donate blood immediately to increase the **critically low blood inventory**.

All blood donors are needed, in particular those with **type O and A blood**. There is an immediate need for people and communities to come together and help save lives. Higher than expected cancellations and no-shows, together with a lower than expected summer supply level, have put pressure on Canada's blood supply. If the trend is not reversed, Canadian Blood Services will have difficulty meeting the expected hospital demand across the country. This could mean deferring elective or routine treatments.

Please roll up your sleeves, and donate. Visit the [website](#) for more information.

### **Parent Education Session: How to Get Better Grades in School**

Wednesday, October 15 6:30 pm (Cost: \$10 per adult)  
Canyon Heights Elementary School, 4501 Highlands Boulevard

Canyon Heights PAC is hosting this session. For more information, click [here](#) or see the home page of the [HPAC web site](#).

### **Strachan Hartley Legacy Run (5 or 10 km)**

Sunday, October 19 9:15 am  
Handsworth Secondary School

Enjoy the 5km Fun Run with friends and family, or train to beat them on the 10km course that includes the 1.7km Mosquito Creek climb. Children, strollers and dogs are welcome! There is also a **free kids race** for children 8 years old and under.

The course runs through our neighbourhood, maybe even right past your front door!

For more information: <http://www.shlf.ca/run>

### **Growing Ab Fab Teens**

Community Information Night - Promoting Positive Mental Health Among Young People  
Tuesday, October 28 6:30 - 9:00 pm Centennial Theatre, 2300 Lonsdale Avenue  
[Information Poster](#)

