



Busy September!

Welcome to one of the busiest times of the year for parents! We hope you and your children are getting settled into the routines for the new school year.

Please remember to look at the Volunteer board in the school foyer to find a position that fits your interest and schedule - the sheets will be removed at the end of the week.

We have lots of information for you this week so hold on tight, this HPAC News is a long one.

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Welcome Back BBQ & Cupcake Walk

NEW DATE: Wednesday, September 18 at 5:30pm

The date has been changed to avoid a conflict with the Handsworth Grade 8 Meet the Teacher night.

Our usual BBQ partners, M&M Meats, will not be available on the 18th. Due to this change, the HPAC will be trying something new. A food truck, Blue Smoke BBQ, will be catering our BBQ this year. Blue Smoke BBQ is a local Deep Cove business dedicated to using local, sustainable ingredients and compostable serving materials. Please watch for the order form that is being sent home with students this week. Plan on coming rain or shine, as the BBQ will be in the gym this year if the weather doesn't cooperate.

We will be asking for CUPCAKE donations this year, as there will be a fun CUPCAKE WALK.

Like last year, we will have a 'nut free' cupcake area, as there are several students with severe allergies. We will need donations for this table as well. There are a few businesses that offer nut, gluten, dairy/egg free cupcakes:

www.fairycakescupcakes.ca and www.theclevercupcakes.com. If a few parents pool together and place an order, all the kids can enjoy this popular event without worry! Please contact Erin at erinmacnair@gmail.com for more details or to help organize this important table.

Edgemont Village Roll & Stroll

Saturday, October 5 10:00am - 2:00pm

Mark your Calendars! The Heart and Stroke Foundation is hosting "The Edgemont Village Roll & Stroll - A Celebration of Active Transportation" as part of their 'Shaping Active, Healthy Communities' initiative. This is a FREE event for the whole family. Bring your walking shoes, bikes, strollers, scooters, walkers, wheelchairs and celebrate the benefits of active lifestyle. Highlands, along with other elementary schools, will be hosting an exhibit to display our walk/bike school initiatives.

The event starts at Cleveland School where participants will have fun on the field before setting off on a 'roll & stroll' circuit into Edgemont Village. Once in Edgemont there will be a fun car free zone with entertainment and exhibits (and cool prizes). Registration is required - it's free! To register or learn more, please go the [Heart and Stroke web site](#).

Food Days

It's almost time to place your food day order!

Already growing tired of packing your child's lunch every day? Good news, Highlands' Friday Food Days will start for the year on October 4. Check your child's backpack on Wednesday for their Food Days handout which will detail everything you need to know to complete your order. A couple of things to remember: 1) All orders must be completed online, and 2) Online ordering will only be available from Friday, September 13 until Friday, Sept. 20. After this time we are unable to accept late orders. For any questions or concerns, please email lunchmum@gmail.com.

School Directory & HPAC Database

REMINDER: A notice went home with all students last week pertaining to the Highlands School Directory created by the HPAC. Please log in to hpac.wildapricot.org, edit your profile details and select either *Yes* or *No* to the publication of contact information in the 2013/14 school directory. Please update this information no later than **Friday, September 13**. If you have any questions or difficulties, please email HPAC@wildapricot.org.

Highlands Parent Social

Saturday, November 2

Book your sitters now! A night of good food, friends, cocktails and fundraising will take place at The View on Lonsdale (5th floor - 2121 Lonsdale Avenue, North Vancouver School District building). This event sells out every year and is our #1 school fund raiser.

We are looking for volunteers to help coordinate the affair as well as silent auction donations. If you can donate or someone you know can, or if you can help in any shape or form, please email the [HPAC](mailto:HPAC@wildapricot.org) or sign up on the Volunteer board in the school foyer. Your help is greatly appreciated!

Marketplace

Did you know that Highlands has partnered with businesses that many of you already use? HPAC is pleased to be fundraising partners with the following...

- Cobbs Breads in Edgemont Village
- Sofiabella in Edgemont Village
- Mabels Labels (<http://www.highlandses.mabelslabels.com/>)

Visit the [Marketplace](#) tab on the HPAC web site to learn more about how your regular purchases could raise money for our school!

Next HPAC Meeting

Tuesday, September 24

7:00pm

Highlands Library

Please join us for the first HPAC meeting of the year! Come out to meet other parents and find out how to get involved and support your school community. Coffee and tea will be provided, as well as childminding.

Visit the HPAC Website

The HPAC website (hpac.wildapricot.org) is the place to find the latest updates and news on HPAC events and business.
