

**From:** Highlands PAC HPAC@wildapricot.org  
**Subject:** HPAC News: Scholastics Fair, Teacher & Staff Appreciation and so much more...  
**Date:** October 22, 2015 at 1:29 PM  
**To:** HPAC Communications Coordinator verna@noru.ca

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Scholastic Book Fair, Teacher & Staff Appreciation Lunch, Call Back Volunteers, Bike Week Summary, NVSD Track & Field Meet, Referendum Voting, Kids Club Summer Programs, In the Community

May 29, 2015



# HPAC News

## This issue:

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- Teacher & Staff Appreciation Lunch
- Call Back Volunteers
- Bike Week Summary
- NVSD Track & Field Meet
- School Office Visitor Tags
- SRA: Transportation Referendum
- Kids Club Summer Programs
- In the Community

Another great and busy month is coming to an end! But, it's not over yet. Get ready for another exciting month ahead as we gear up for the final weeks of the school year.

So sit back and relax (for a minute at least) and see what is on the horizon. It is a tad longer newsletter **BUT** filled with ton of great news to share!

*If you would like to include any information in the weekly HPAC News, please forward your submission to [verna@noru.ca](mailto:verna@noru.ca) by Wednesday afternoon.*

## Scholastic Book Fair: June 8 – 11th

We will be having our Spring Book Fair **June 8-11!!** This is a great chance to get some summer reading material, and all proceeds go to our school library.

As usual we need a fair number of **volunteers** to make this happen, but the shifts are brief and the work is easy peasy. We are looking for a few volunteers for each of the following time slots:

Monday 8:30-9:00/ 12:15-1:00/ 2:55-3:45

Tues 8:30-9:00/ 12:15-1:00/ 2:55-3:45

Tues 8:30-9:00/ 12:15-1:00/ 2:55-3:45

Wed 8:30-9:00/ 12:15-1:00/ 2:55-3:45

Thurs 8:30-9:00/ 12:15-1:00/ 2:55-3:45 (help pack up)

If you can work one or more of these shifts, please contact Christina Carrick ([christina@carrick-lee.net](mailto:christina@carrick-lee.net)).

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## Teacher & Staff Appreciation Lunch – June 10th

Each year, Highlands parents show thanks to our great teachers & staff with an Appreciation Lunch. There is now a sign-up sheet on the HPAC board at the front of the school outlining **two ways** to help:

1) Provide food for the event (food drop off between 8:20 - 9:00 am on June 10th in the hallway kitchen)

OR

2) Volunteer at the event.

Please consider contributing food or your time. For more information, contact event coordinators Laura Clarke [laura@teamclarke.com](mailto:laura@teamclarke.com); or Marnie Beaton [marniebeaton123@gmail.com](mailto:marniebeaton123@gmail.com)

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## Call Back Volunteer Positions Available:

Do you have 45 minutes to spare, one morning a month?

With our grade 7s leaving we have several dedicated parents also graduating! This means our morning "Call Back" team needs to be topped up!

We currently have 10 parents. We only need 10 more to go in one shift a month!!

Job requires listening to the phone messages, writing down the information and calling the homes of kids who are unaccounted for. You are usually out of the school by 9:30am feeling rewarded knowing all our Highlands kids are safe!

If you can spare some time please email Lindsay Lal at [thelalfamily@shaw.ca](mailto:thelalfamily@shaw.ca)

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## Bike Week Summary

Thanks to all the families at Highlands that made Highlands Bike Week 2015 a huge success. A big thank you goes out to staff and parents that helped get the kids bike ready with coupons, helmets, locks and pumped up tires.

This year we biked from Vancouver to Winnipeg covering a distance of 2,294 kilometers. It was our sunniest bike week yet. The Grade 7s enjoyed their Seymour ride with lots of hard riding and fun with their classmates with coaching by Endless

Biking.

We would like to send a huge thank you to **On Top Bike Shop** and **Raleigh Bikes** for the donation of our Grand Prize a new mountain bike. Please support these guys with tune-ups and shop visits we like to support businesses that support our school.

Our grand prize winner this year was Talia Lal. We hope to see her on her Raleigh mountain bike soon. The kids loved their week and the enthusiasm for riding was off the charts! A huge thanks to Alison and Matthew Raes for organizing the Kindergarten and Grade One Bike Rodeo. The kids had such a great time and especially enjoyed the freezies at the end.

Special mention to Jen van Eijnsbergen, Lonnie Prouse, Carol Anne and Jeff Parkhill, Marji Asgari, Todd Henderson, Linda Jansons, Ann Mitchell and Cheryl Ham for their time and effort around this week.

## **North Vancouver School District Elementary Track and Field Meet: June 2nd**

Congratulations to all of the students who have qualified to compete at the North Vancouver School District Elementary Track and Field Meet held at Swangard Stadium on Tuesday, June 2! We are very proud of each of you and wish you the best of luck with your event(s).

## **School Visitor Tags - A Friendly Reminder to Parents**

We are still missing many of the highly sought after school visitor tags! If any of the visitor tags (the tags you clip on when you sign in at the office to volunteer or visit the school) have snuck home with you by mistake, please return them to the school office at your earliest convenience. To date, 10+ are still missing!

## **Safe Routes Advocates (SRA) Reminder: Metro Vancouver Transportation & Transit Referendum**

The SRA reminds you to mail in your Transportation & Transit Referendum ballots by today: **Friday, May 29!**

The votes for the yes and no sides are close, so please take the time to mail in your ballot.

## **Highlands Kids Club - Summer Registration**

Kids Club summer registration has begun. Visit their web site for more.

KIDS CLUB summer registration has begun. Visit their web site for more details: <http://www.highlandskidsclub.ca/#!summer-program/cmnr>

## In the Community

### **Mental Health Parent Education Series Creating Capacity for Youth Mental Wellness: Signs, Symptoms & Strategies**

**Tuesday, June 2: 6:30 - 9:00 pm**

**5th Floor, 2121 Lonsdale Avenue**

**Free Event**

For more information, click [here](#).

Register for tickets at: <https://www.eventbrite.ca/e/creating-capacity-for-youth-mental-wellness-signs-symptoms-strategies-registration-16959052984>

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