

February 17, 2017

# HPAC News

We hope you all had a wonderful, sunny Family Day!

A reminder that Friday, February 24th, is a district-wide Professional Development Day, and school is not in session.

*If you would like to include any information in the weekly HPAC News, please forward your submission to [Glenda.savage@shaw.ca](mailto:Glenda.savage@shaw.ca) by **Wednesday 12:00 noon**.*

## This issue:

- Sweater Day, Pink Shirt Day
- Next HPAC Meeting
- Babysitting Course
- HPAC Directory
- Walk to School Wednesday
- Social Media 4 Parents
- WOW
- In the Community

## The Talent Show was Amazing!

In the words of one thrilled audience member in Grade 3, "It was Amazing!". Last night the kids wowed us again with their remarkable talent at the Annual Talent Show. Forty students in grades 3 to 7 strutted their stuff to a captivated audience at The BlueShore Theatre at Capilano University. Highlands has a ton of talent! There were pianists, rhythmic gymnasts, magicians, rope runners, dancers, singers and even a ukulele player! What a show!

A huge thank you to Amanda Clark, Angie Foulds and Nikki Brown for all of their hard work leading up to and including the show. Also thanks to Becky Avotins, Sarah Bonner, Samita Dunbar, Tiffany Erdman, Emily Fraser, Brandy Hughes, Lan Luo and Jodie Tielker for all their help at the event. The Talent Show would not have happened without you! A final

thank you to all the parents who organized practices and listened to the same act over and over and supported your children in their love of the arts.

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## **Sweater Day and Pink Shirt Day: February 20th and February 22nd**

Did you know that if all Canadians dropped their thermostats by just two degrees Celsius for a day, greenhouse gas emissions would be reduced by about four megatons (as estimated by the World Wildlife Fund) - and that lower thermostat could save up to five percent on home heating costs. Highlands Students' Council Sweater Day is Monday, February 20th, to help reduce the amount of thermal energy used within Highlands. The heat will be turned down at the school to help reduce energy so make sure your child wears cozy layers. A great reminder for our children that every one of us can do something to help improve the world.

And, on Wednesday, February 22nd, Students' Council is holding Pink Shirt Day. Please encourage your child to wear a pink shirt to support anti-bullying across Canada. The Student Council Executive will be handing out kindness fortunes at the front door before school.



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## **Next HPAC Meeting: February 21st**

The HPAC meeting was rescheduled from Tuesday, February 7th, to Tuesday, February 21st, 7:00pm in the library. Draft minutes from the December HPAC meeting are attached [here](#) for your review. The agenda for Tuesday's meeting can be found [here](#).

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## **Red Cross Babysitting Course: February 24th**

So you want to be a babysitter? Or, your parents want you to take this course so they feel confident leaving you at home alone? Babysitting with First Aid Hero emphasizes learning through real life scenarios. Information covered includes; exploring the business of babysitting, creating safe environments, safely caring for ages 0 - 12, and first aid skills.

The course will be held February 24th, 8:30 - 3:30, and is for Grade 6 and above. Fee is \$60 plus GST. Register [here](#).

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## **HPAC Directory - Family Version Now Online**

The HPAC Directory is now complete and online! Thanks you to everyone who went online to update your profile and opted to be a part of the Directory. Over 65% of Highlands students are included in this version of the Directory.

To view the Directory, please:

1. Login to the HPAC website at <http://www.hpac.wildapricot.org/>
2. Click on the three horizontal white lines located beside "After School Programs" and select "For Highlands Families Only"
3. Click on "Highlands School Directory"
4. Click on "Download a copy of the final version of the 2016/2017 Directory", in blue

This is the second and final version of the Directory for the 2016/2017 school year.

Please remember, the Directory is for the use of Highlands families for social purposes, NOT for any business, political or religious solicitation. Under the Protection of Privacy Act, users must not provide information contained within the Directory to any other source. Copying and further distribution of the Directory is forbidden.

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## **Walk to School Wednesday: March 1st**



The Students' Council is striving for Highlands' to win the Sustainability Cup! Help Highlands out on Wednesday March 1st, by walking to school to decrease Highlands' carbon footprint even more than we do on a regular basis with WOW Thursday. Please take the time to walk to school with your children, help out our ecosystem (in addition to all the mental health and cardiovascular benefits that walking provides...).

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## **Social Media 4 Parents: April 4th**

This will be good! The HPAC is hosting a 90 minute presentation to help parents to learn strategies, gain knowledge, and share concerns regarding the use of social media and their children. The presentation will be delivered by a practising teacher with knowledge and experience in the area. The presentation will be held at Highlands, in the Music Room, and will be at the HPAC's usual monthly meeting time - Tuesday, April 4th at 7:00 - 8:30pm, and babysitting will be available. The HPAC will send more information out closer to the date.

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## **WOW Program**

The coveted Golden Sneaker was won by Mrs. Chan's class (primaries) and Mrs. Fary's class (intermediates). Congratulations! 164 Highlands students walked or wheeled on a beautiful Thursday morning. Make sure to attach your WOW tag to your backpack and walk or wheel to school next Thursday to get in on the action!

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## **In the Community...**

### **Highlands Pre-School Children's Sale: tomorrow, 9:00am - 12:00pm**

Highlands Pre-School (3255 Edgemont Blvd.) is holding it's annual used toy and clothing sale - the largest on the North Shore! And, new for this year, they have new and handcrafted items from local vendors. For more information, click [here](#).

### **Abbotsford International Airport Girls Fly Too: March 11 - 12, 9:00 - 5:30**

Fun for the whole family is to be had at the Abbotsford International Airport March 11 - 12, for the Girl Fly Too event. Attendance is free and everyone is welcome at this event that seeks to inspire female future leaders in Aviation, Aerospace, Marine and Defence. There will be awesome activities, displays (including aircraft and their crews), suitable for all ages. And, best of all, there are free helicopter flights available - best to register in advance to guarantee a spot. Check out the website for information and to register for the free flights at [Girlsfly2](#).

### **Highlands Little League - Registration Open!**

Highlands Little League offers a safe, fun and positive baseball program that demonstrates the ideals of good sportsmanship, fair play, teamwork, competition, courage and respect. Boundaries include all of North Vancouver from Lonsdale to the Capilano River and has many programs to support new / existing coaches and player development right from T-Ball up.

Register at [Highlands Little League](#).

### **North Shore Baseball Association - Registration Still Open!**

The NSBA offers baseball for all interested players from Lions Bay to Deep Cove, ages 4 - 24 and is a proud member of B.C. Minor Baseball (B.C.'s largest amateur baseball organization). Tryouts are starting soon. For more information and to register your player, please visit [Northshorebaseball](#).

### **North Shore Girls Fastpitch Association - Registration Open!**

The North Shore Girls Fastpitch Association provides the opportunity for girls ages 5 - 21 to play fun and competitive softball in one of their many house league or Stars rep teams. Registration and information available at [nsfastpitch](#).