

February 24, 2017

# HPAC News

Thank you to all the student volunteers who assisted with Pink Shirt Day! The kindness fortunes were great conversation starters.



A few dates to note: the proposed school district calendar for the 2017/18 school year has been published on the school district website. Feedback will be accepted until Tuesday, [February 28th](#) - please follow this link for details [District Calendar](#). Also, please note that Highlands will participate in an Emergency Lockdown Drill Tuesday, [February 28th](#) at 2:20. Feel free to chat to your children about this. Information on it went out in an email last week. There may be police officers observing procedures during the drill.

February is fast coming to an end and the weeks leading to Spring Break are jam packed with events at and outside the

## This issue:

- The Parking Quiz!
- Walk to School [Wednesday](#)
- Social Media 4 Parents
- Bike Week
- WOW
- In the Community

school. Please take a moment to read through for some important dates and events on the horizon.

*If you would like to include any information in the weekly HPAC News, please forward your submission to [Glenda.savage@shaw.ca](mailto:Glenda.savage@shaw.ca) by **Wednesday 12:00 noon**.*

## It's time for...the Parking Quiz!



It's that time of year again, time for parents to brush up on Parking Terminology! There will be a quiz at the end, so please study carefully.

1. **Layby:** The macaroni shaped, express drop-off zone in the front of the school, geared towards kids old enough to extract themselves from the backseat. Not for a parking zone or a get-out-and-unload zone, but a hot mess of timely efficiency! Pull up, alllll the way up. No need for door to door service, your kids will love the hop, skip and jump to the door.
2. **Handicap Parking:** There are those at school who actually need this spot. Leave them the whole spot...not five feet of it. Kindly display your handicap sticker on your dash when using the space. And no, it is not for parking for a just a few minutes when the other spots are taken. Besides, the karmic parking gods will go after you; when you're looking for a legitimate spot in Edgemont you will never find one.
3. **Drive to five:** Drive to within a five-minute walking distance, unlog the area around the school, and be able to leave easily! You know that crazy street, the one we all drive on everyday, Queens? You can park on it and on it's side streets (along with many others around the school). You will be amazed at how easily you can extract your vehicle, and you get the added benefit of your kids talking

to you about their day before they realize they are divulging important information.

4. **No Parking Zone:** You can't park there! So simple, no? Because, it says NO? There are reasons other than to annoy you for this "No". When you block the sightlines of traffic you raise serious safety concerns. And, do not park on Fairmont going the wrong way. There has been a near-miss of a child recently due to this. Turn around, park on the correct side of the street. No means no. And no you cannot have one more cookie.
5. **Someone Else's Driveway:** This...is someone else's driveway. Not yours. Just, no.

And that's about all for [today](#). Read the signs and heeds them. There really is no quiz, but we remind you that each and every child at the school is important, their safety is important, and that is more important than being a few minutes late to an appointment. You live on the North Shore. You're going to be late anyway.

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### Walk to School Wednesday: March 1st



The Students' Council is striving for Highlands' to win the Sustainability Cup! Help Highlands reach that goal on Wednesday, [March 1st](#), by walking to school. This will decrease Highlands' carbon footprint even more than we do weekly with WOW Thursdays. Please take the time to walk to school with your children, help out our ecosystem, and experience all the mental health and cardiovascular benefits that walking provides to boot!

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### Social Media 4 Parents: April 4th



This will be good! The HPAC is hosting a 90 minute presentation to help parents to learn strategies, gain knowledge, and share concerns regarding the use of social media and their children. The presentation will be delivered by a practising teacher with knowledge and experience in the area. The presentation will be held at Highlands, in the Music Room, and will be at the HPAC's usual monthly meeting time - Tuesday, [April 4th](#) at 7:00 - 8:30pm, and babysitting will be available. The HPAC will send more information out closer to the date.

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### **Bike Week at Highlands: [May 23rd](#) - [May 26th](#)**



A heads up that Highlands is planning Bike Week for [May 23rd](#) - 26th. So break out those bikes over spring break, check the seat height, oil the chain, all that maintenance so the kids can get on their bikes and will be ready for Bike Week!

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## WOW Program

The coveted Golden Sneaker was won by Mrs. Patterson's class (primaries) and Mrs. Mitchell's class (intermediates). Congratulations! 190 Highlands students walked or wheeled on a beautiful [Thursday](#) morning. Make sure to attach your WOW tag to your backpack and walk or wheel to school [next Thursday](#) to get in on the action!



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## In the Community...

Highland's Grade Four Student Paul Wang's first personal concert - [March 4<sup>th</sup>](#)



Highland's own Paul Wang is hosting his first personal concert at Highlands United Church, 3255 Edgemont Blvd., on Saturday, [March 4<sup>th</sup>](#) at 6:45pm. Come out to enjoy this concert and support Paul as he and guest artists perform works by Bach, Beethoven, Mozart and more. Admission is free and all donations will go to support the North Shore

New Hub to Make Every Day Count for Palliative Patients, via Lions Gate Hospital Foundation. There are also prize-draws to appreciate the donors coming to the concert. More information available at [Concert](#).



**Abbotsford International Airport Girls Fly Too: [March 11 - 12, 9:00 - 5:30](#)**

Fun for the whole family is to be had at the Abbotsford International Airport [March 11 - 12](#), for the Girl Fly Too event. Attendance is free and everyone is welcome at this event that seeks to inspire female future leaders in Aviation, Aerospace, Marine and Defence. There will be awesome activities, displays (including aircraft and their crews), suitable for all ages. And, best of all, there are free helicopter flights available - best to register in advance to guarantee a spot. Check out the website for information and to register for the free flights at [Girlsfly2](#).



**HEALTHY FAMILY EXPO**  
March 26 2017 | 9am-5pm  
Vancouver Convention Centre

**EAT** • Healthy Food Sampling

**PLAY** • Rock Climbing, Hamster Ball Track, Springfree Trampolines, Tumblebus & More

**LEARN** • Bobs & Lolo, CBC Kids Characters, Science World, Vancouver Aquarium AquaVan & More

**SHOP** • 200 Exciting Booths Full of Eco & Healthy Family Finds  
\$15,000 Grand Prize with Toyota Prius c 1 Year Lease

BUY TICKETS EARLY TO WIN A SPRINGFREE TRAMPOLINE  
[WWW.HEALTHYFAMILYEXPO.COM](http://WWW.HEALTHYFAMILYEXPO.COM)

ADULTS \$15  
KIDS <16 FREE

### **Healthy Family Expo: March 26th**

That last weekend of spring break you will be tearing your hair out trying to figure how to keep the kids busy - here's an idea! The [Healthy Family Expo](#) returns to the Vancouver Convention Centre Sunday, [March 26th, 9am - 5pm](#). This is designed for families with children 0 to 12. The Active Kids Zone includes a giant hamster ball race track, rock climbing wall, trampolines, tree planting workshops, an animal safari and more. There are over 200 healthy, active, eco-friendly products and services as well as special exhibitor zones including Healthy Baby, Green Living, Outdoor Living and Explore Squamish. Buy your tickets online in advance to save.

### **North Shore Flag 7 Rugby - Registration Open!**

This is the inaugural season of North Shore Flag 7 Rugby. Flag 7's Rugby is a fast, fun, non-contact way to learn and play what is becoming one of the fastest growing

sports in the world. Registration is open for girls and boys in grades 4 - 8. Play is [April 8th - July 11th](#).

Register at [North Shore Rugby](#).