

March 31, 2017

HPAC News

Welcome back to school, we hope you all had a relaxing Spring Break!

A reminder that the monthly HPAC meeting has been rescheduled for the Social Media 4 Parents presentation next Tuesday, April 4th. The presentation is full, so if you are one of the fifty people to sign up on google forms and CANNOT make the presentation, please let Janelle Carr know at HPACCcochair@gmail.com so that she can let a parent on the wait list know they can attend. And, if you did not register and Janelle doesn't let you know you have moved up the wait list, consider next Tuesday a night off from HPAC.

Also, the front office has once again almost run out of visitor tags. It shows that there are lots of parents in and out of the school, good stuff! But, can you please have a look through coats and bags to see if you have any visitor tags and return them to the front office.

And now onto the news...

This issue:

- HPAC Help Wanted
- After School Programs
- Spirit Wear
- The Card Project
- Spring Cleaning
- White Caps Game
- WOW
- In the Community



*If you would like to include any information in the weekly HPAC News, please forward your submission to Glenda.savage@shaw.ca by **Wednesday 12:00 noon**.*

Wanted: HPAC Executive Team Members for 2017-



18!

Please consider volunteering for next year's Fundraising or Secretary roles. Each is different, but both are fun, helps the school and your kids, and are great ways to get involved at Highlands! If you are interested contact Janelle Carr at hpaccochair@gmail.com, or Karissa Rennie at Karissa.rennie@gmail.com, or visit the following links [Secretary](#), [Fundraising](#).

Spring After School Programs begin next week!

Spring After School Programs at Highlands will start the week of April 3rd. Registration is now open through the HPAC Website. A few additional programs (yoga and chess club) are in the works and may be added in the coming weeks.

Please contact Angela Santoro at angelasantoro99@gmail.com with questions on the programs, or any suggestions on future programs.

Classes are listed below, and please click [here](#) for more details and to register.

WEEKDAY	PROGRAM	GRADES	TIME	LO
Mondays	Artmania	4-7	12 – 1 pm	Kid
Tuesdays	Sole Girls	K-2	3 – 4:30 pm	Ms
Tuesdays	BrainSTEM Learning	K-1	3 – 4 pm	Ms.
Tuesdays	BrainSTEM Learning	2-7	3 – 4:30 pm	Ms.
Tuesdays	NBA Junior Basketball	K-2	3 - 4 pm	Gyr
Wednesdays	Artmania	K-3	12 – 1 pm	Kid
Thursdays	Artmania	K-7	3 – 4:30 pm	Ms.
Fridays	Sportball	K-3	3 – 4 pm	Gyr

Highlands Spirit Wear: **Order by April 7th**

We have just the thing to liven up your spring wardrobe: Highlands tees for you and your kids! Show your school spirit! Shirts are grey, with Highlands' red and blue logo, and are available in both youth and adult sizes. Orders must be made by Friday, April 7th, using this [Form](#). Please return the completed form and cheque to the HPAC box. Make cheques payable to Highlands PAC or HPAC.

Contact Verna O'Neill with questions at verna@noru.ca.

The Card Project: **Order by April**



10th

Your children submitted amazing art for this exciting fundraiser. The Card Project uses your children's masterpieces to make professionally printed greeting cards and notebooks. You should have had a sample card come home in your child's backpack Wednesday, March 29th. The front of each card showcases your child's art and has their name and grade printed on the back. The cards are packaged in gift boxes of 12 cards and envelopes, or in clear plastic sleeves of four cards with envelopes. Perfect for thank you cards or sending notes to family and friends.

Also available are notebooks and sketchbooks, art prints, mugs, mouse pads, canvas, or a desktop background - great ideas for gifts for grandparents and family. And, for each order, the HPAC receives 25% of sales! Help the school, show off your child's art!

You can order online and get more information at [The Card Project](#). Order by Monday, April 10th, and deliveries of the artwork will be by April 28th. If you have questions, contact the school's project managers Kelly Moore at kelly5495@gmail.com, or Meghan Menning at Meghan@menning.name, or Marcelle from The Card Project at Marcelle@TheCardProject.ca.

Spring Cleaning - Save Your Gently Used Summer Gear for a



Sale!

Are you planning a spring clean up of your kid's closet soon? Or dreaming of summer and starting to fret that those water shoes or sun hats won't fit anymore? Well, the PAC has an event for you, and you can help the PAC at the same time. HPAC will be accepting donations of used summer gear - sandals, water shoes, swim suits, shirts, shorts - anything summer - and then reselling them at our spring fair, which we'll be telling you more about in the coming weeks! Those who donate quality gear will be given a discount certificate towards purchases. This is a great way to save money on those summer items that kids grow out of in a year anyway, and will help raise money for the school.

We'll be starting to collect in mid April so please start saving summer items rather than recycling them through your regular channels. More details to come in April!

Highlands White Caps Game: May 27th

Save the Date! Thinking of taking the family to a Whitecaps game this year? What better way to attend a game than with your Highlands friends? We will be offering tickets to the Saturday, May 27th game at 4pm, with all seats in the same section. Party! Order forms will be out soon.

WOW Program

Our WOW volunteers and dedicated Highlands students were back walking or wheeling to school on a beautiful Thursday morning. The coveted Golden

Sneaker was won by Mrs. Patterson's class (primaries) and Mrs. Fary's class (intermediates). Congratulations! 183 Highlands students walked or wheeled. Make sure to attach your WOW tag to your backpack and walk or wheel to school next Thursday to get in on the action!

In the Community...

Understanding Anxiety and Anxiety Management Strategies - April 6, 7:00 - 8:00pm

Canyon Heights Elementary PAC presents Sharon Selby, MA, Registered Clinical Counsellor, discussing Understanding Anxiety and Anxiety Management Strategies. Sharon will share her extensive knowledge and experience helping families cope and overcome the strggles related to child anxiety. The presentation is at Canyon Heights Elementary, 4501 Highland Blvd., on Thursday, April 6th from 7:00 - 8:00 pm. Please register using the attached [sharon-selby-presents-understanding-anxiety-anxiety-management-strategies-tickets](#).

Woodworking Intensive - April 29, 9:00am - 4:00pm

Here's an interesting course for someone into woodworking, hosted by the North Vancouver Community Arts Council. Three local artists will share a variety of projects and techniques in this day long course. Held at Maplewood House at 399 Seymour River Place. More information and registration information is in this form [Woodworking](#). The North Vancouver Community Council also offers some great art classes, including some for Mom and Me / Dad and Me - check out the following link [Art Classes](#).

Red Cross Babysitting Course - May 8th, 8:30am - 3:30pm

Montroyal Elementary is holding a Red Cross Babysitting Course for Grade 6+ kids interested in learning the art and science of babysitting. It's at

Montroyal Elementary, 5310 Sonora Drive, on May 8th. Registration is at firstaidhero.com. The cost is \$60 plus GST.

Kidsworld Programs for Kids

Kidsworld provides families with the best and most affordable way to experience a wide variety of the great places and activities Vancouver has to offer. There are two programs, Kidsworld 44 and Kidsworld Summer. Kidsworld 44 has an activity or event for each week of the school year for a child and parent to attend without cost. The pass runs on a calendar year basis, minus the summer, from the time of purchase. Kidsworld Summer has an event every day of July and August. Each pass is only \$50, or \$95 for both!

Events include places like the Vancouver Art Gallery, Richmond Olympic Experience, BC Hall of Fame, as well as exclusive opportunities like a CBC News Room Tour, YVR Tours, as well as hosted activities like music, art, dance, rock climbing, or circus classes. There are also bonus discounts on Playland day passes, Vancouver Whitecaps FC2 games, or \$50 off a week at Keats Camps and Anvil Island camp for new campers.

Check out the following link [Kidsworld Program](#) to sign up. And per child signed up, the HPAC receives \$5.