

May 5, 2017

HPAC News

A reminder that Monday, May 8th, is a District Wide Pro-D Day and school is not in session. And voting day for the provincial election is on Tuesday, May 9th - get out and vote!

Also, join Chris Atkinson, the North Vancouver School Board Assistant Superintendent, for an important meeting next Thursday, May 11th, at 7:00 - 8:30pm, to discuss changes at Highlands for September, 2017. Upsides are a reduction in class sizes and changes in class composition, however downsides are that space limitations at Highlands may mean the repurposing and loss of specialty space (library, music room) for regular classrooms. The first hour of the meeting will be a parent information session, followed by a Q&A. The meeting will end promptly at 8:30.

Keep up the KM's for KM Club. Bring your kids to school at 8:05 Mondays, Wednesdays and Fridays, on non-rainy days, to keep those kilometres rolling!

*If you would like to include any information in the weekly HPAC News, please forward your submission to Glenda.savage@shaw.ca by **Wednesday 12:00 noon.***

This issue:

- Grade 7 Car Wash
- HPAC Help Wanted
- Bike Week
- Natural Playground Weeding
- Spring Fair Jolly Jars
- Summer Clothes Sale
- FunDay Volunteers Needed
- WOW
- In the Community

Grade 7 Car Wash: Tomorrow



Rain or shine, come by Highlands tomorrow between 11am and 2pm to support the Grade 7's! They will wash away all that winter grime, dust and yes, green mold from all the rain we've been getting. Help the Grade 7's in this fundraising effort, as they raise money for their Grade 7 Farewell including their legacy gift to the school.

Spread the word - family, friends and neighbours are welcome!

We Need YOU! We Still Need Fundraisers!

Highlands
Parent Advisory Council

**We are still waiting for
TWO parents to volunteer
as 2017/2018
Fundraising Co-ordinators.**

These positions must be
filled and voted in at our
June 6th meeting.

We are down to the wire now, and really need two parents willing to give a bit of time to the PAC to help with fundraising. To keep the PAC running and receiving important funding for our school, new volunteers need to be voted in at the June PAC meeting.

Fundraising can be as big or as small a role as you want. Highlands usually has two fundraising events, one in the fall, one in spring, and they can be as simple as a cheque drive! Up to you. Tailor the role to suit your time, but whatever time you have it's a great way to get involved at the school, get to know other parents, and support your child's experience at Highlands!

Other fundraising events at Highlands for next year already have committed parent leads.

The Fundraisers also provide guidance to other parent event leads, attend a maximum of two meetings each month (an Executive meeting and the general PAC) and assist with budgeting for 2017/18 in September.

The job is totally doable for flexible working parents and all meetings are in the evenings (usually with wine). There is absolutely no experience needed and each volunteer will have lots of support.

Please, if you haven't volunteered to be on the HPAC yet, consider finding a friend and sign up for this role together.

Email Janelle Carr at hpaccochair@gmail.com or Karissa Rennie at karissa.rennie@gmail.com for more details or to ask questions.

Bike Week at Highlands: May 23rd - 26th

A promotional poster for Bike Week at Highlands. The left side features a blue-tinted image of a person riding a bicycle, with the text "BIKE WEEK" in large white letters and "MAY 23-26" below it. The right side is a solid orange background with white text detailing the event schedule and prizes. At the bottom right, there are logos for Trek, SS, and Summer Gravity Camp.

DUST OFF YOUR BIKE AND HELMET AND JOIN US FOR THIS FUN EVENT DURING BIKE WEEK!

TUESDAY MAY 23RD
Grade 2, 3 and Grade 6 (Dimmock's class)

WEDNESDAY MAY 24TH
Grade 4, 5 and 6 (Baker and Wright's class)

THURSDAY MAY 25TH
Grade 7 IOH-site ride
Kindergarten and Grade 1 Bike Rodeo

FRIDAY MAY 26TH
School Assembly - 9:30 am

**GRAND PRIZE DRAW:
A BRAND NEW BIKE!**

TREK SS SUMMER GRAVITY CAMP

Bike week starts in just over two weeks! Remember to return your child's waivers which came home in their backpack - your child cannot participate without these completed. Also, if you are short a bike or a helmet, let your class rep know and we will try to arrange to get you one so your child can participate.

Natural Playground Weeding Volunteers Needed



Spring is coming, and so are the weeds. Did you know that it's the responsibility of Highlands families to do garden maintenance of our wonderful Natural Playground area? We ask that families do their share to weed the garden for a few hours on one weekend day between April and October. When everyone pitches in a little it makes it quick and easy for all!

If you have not already added yourself as a volunteer weeder for our Natural Playground, please send an email to Tracy Lebedovich at Tracey@gloriousday.com to add your name to the list. If you have volunteered in the past, not to worry, you will stay on her list!

Highlands Family BBQ and Spring Fair: **June 9th**



Save the date for Highlands Spring Fair Friday, June 9th, 5:00 - 8:00pm.

We need your glass jars! Please start collecting and saving any of your large sized mason / pickle / pasta sauce jars for Jolly Jars, a super fun school-wide craft project coming up soon for our Spring Fair. We are asking each family to collect at least one jar, plus any extras you have to donate to us would be fantastic!

Summer Gear and Clothes Sale at Family BBQ: June 9th



Do your kids keep growing? We have that problem too! Let's put our problems to good use and raise funds for Highlands. Start sorting out your outgrown summer gear a (hats, sunglasses, shoes, clothing), and donate it to the HPAC so we can re-sell it at the Spring Fair on June 9th. Collection details will come out soon. Families that donate will receive a discount when buying - give some, get some!

FUN DAY

Having Fun Yet? Pitch in on Fun Day!

The Highlands Elementary Fun Day Committee is looking for an enthusiastic parent or two willing to lead a large (70 or so), really happy group of kids in Zumba, yoga, or other activity in the gym on Fun Day, June 16th. The activity would be about 25 - 30 minutes

long and would be repeated six times. Teachers and student volunteers will be there to provide support. Contact Amy Wright at awright@sd44.ca for more information.

WOW Program

We have less than eight (yes, eight!) weeks of school left and there are some serious divisions walking or wheeling their way for the year end prize for WOW. The winning-est WOW primary and intermediate division's teacher will receive an amount from the PAC to allow for a class activity! So get your kids out to WOW to help their division!

This week, the coveted Golden Sneaker was won by Mrs. Chan's class (primaries) and Mrs. Mitchell's class (intermediates). Congratulations! 161 Highlands students walked or wheeled. Make sure to attach your WOW tag to your backpack and walk or wheel to school next Thursday to get in on the action!

In the Community...

Town Hall Meeting to Discuss 50M Pool - May 16th, 6:00 - 8:30pm

If you are a swimmer or have children who love swimming you may find this of interest. There is a Town Hall Meeting to discuss installing a 50M pool at Harry Jerome Rec Centre, on Tuesday, May 16th, 6:00 - 8:30pm, at the Pinnacle Hotel Second Floor Ballroom, 138 Victory Ship Way North Vancouver.

Sole Awesome 5k Fun Run - May 28th

Sole Girls is celebrating fun physical activity with their annual Sole Awesome 5k Fun Run, with fun for the whole family, with obstacles, high fives, and cheering! This year's run is on May 28th at Mundy Park in Coquitlam. And, if you enter using Highland's school code, NVAN17, you get \$5 off registration.

**Rethinking Risky Play: The Importance of Risky Play for Children - May 30th,
7:00 - 8:00pm**

Most of us have childhood memories of long hours spent outdoors and away from watchful eyes of adults. The childhood of today looks very different, with more time spent indoors, supervised, in structured activities, in front of screens. Highlands Preschool is hosting an interactive presentation by Dr. Mariana Brussoni, which will explore the effects of changing childhoods and limited outdoor risky play time on children's health and development, as well as strategies to restore balance. Dr. Brussoni is an Associate Professor at UBC and investigator with BC Children's Hospital Research Institute and the BC Injury Research & Prevention Unit. At Highlands Preschool, 3455 Edgemont Boulevard, on Tuesday, May 30th, 7:00 - 8:00 pm. Please RSVP by May 22nd to 604-980-1740 or to director@highlandspreschool.ca. All are welcome, \$5 donation to the Preschool for non-Preschool registered families. More information is here [Risky play](#).