



# Rethinking Risk

## The importance of risky play for children

Tuesday, May 30<sup>th</sup> 7:00 - 8:00 pm

Highlands Preschool

3255 Edgemont Boulevard North Vancouver

RSVP by May 22<sup>nd</sup> to 604-980-1740 or [director@highlandspreschool.ca](mailto:director@highlandspreschool.ca)

Open to all, \$5 donation to the Preschool for non-registered families



### Rethinking risk: The importance of risky play for children

Most of us have childhood memories of long hours spent outdoors and away from watchful eyes of adults. The childhood of today looks very different, with more time spent indoors, supervised, in structured activities, and in front of screens. This interactive presentation will explore the effects of changing childhoods and limited outdoor risky play time on children's health and development, as well as strategies to restore balance.

**Dr. Mariana Brussoni** is Associate Professor at the University of British Columbia, and investigator with BC Children's Hospital Research Institute and the BC Injury Research & Prevention Unit. Mariana investigates child injury prevention, including developmental importance of children's risky play.

<https://www.outsideplay.ca/>